

INSTRUCTIONS FOR SURGERY PATIENTS

PLEASE READ THESE INSTRUCTIONS CAREFULLY. IF YOU HAVE ANY QUESTIONS CONTACT OUR OFFICE AT (313) 582-8853

- **Nothing to eat or drink after midnight the day before surgery.** You will be able to eat after your procedure is over and you are fully awake.
 - You will be contacted by the surgery center or hospital 1-3 days prior to your procedure with your surgical arrival time. If you are not contacted by the afternoon prior to surgery please call our office. **Bring your insurance cards and identification with you.**
 - You should take your regular medications on the day of surgery with a small sip of water unless instructed otherwise by your surgeon or the surgery center / hospital.
 - **You will not be able to drive for 24 hours after surgery.** Please arrange for transportation home.
 - **If you feel ill or have a fever or cough** prior to your procedure contact our office.
 - **BLOOD THINNERS:** Blood thinners need to be stopped prior to surgery. Tylenol may be used for pain or headaches safely.
 - 2 weeks prior and for 2 weeks after your surgery stop:
 - Aspirin / ASA
 - NSAID arthritis medications
 - Ibuprofen (Motrin / Advil)
 - Vitamin E, Fish Oil, and other nutritional supplements
 - 1 week prior to surgery stop:
 - Plavix
 - Coumadin / Warfarin - patients need special instructions for stopping these medications. Please inform your surgeon if you take these medications.
- Before resuming blood thinners discuss with your surgeon.
- If you have any questions regarding these instructions or your procedure please contact our office.